**What are some of the values you strongly believe in? How have these values help to develop you to be the person you are today?  400 words**

I believe strongly in sincerity, open-mindedness and optimism. These core values continually guide me in making decisions and consciously modifying my behaviour, as I work towards self-improvement.

This has been important in motivating me to strive and building positive relationships with others. In my interactions with others, being sincere involves treating others respectfully, upholding mutual integrity. This respect, combined with open-mindedness, has helped me get to know my friends and the stories they tell. Throughout my time in secondary school and Junior College, I am glad to say that I have changed to become a better team player. I have become more receptive towards the unique ideas which different people have, and seek ways to combine our ideas together.

I strive to be sincere to others around me, but most of all, I am sincere to myself and sincere about the values that I hold dear.

For me, one of the ways I express my sincerity towards myself is in my learning. In my work, I am open towards learning new things and push myself to discover different fields of knowledge. During my time in Junior College, I participated in extra-curricular activities from competitions to school trips to research attachments, in a wide range of areas (Urban Planning, Epidemiology, System Security). What was most humbling for me during the past two years was the realisation of the endlessness of learning. This passion for learning is fuelled by my optimism and self-faith, that learning anything is possible. I have developed into a person willing to step into unknown depths to find out more. Exploring different fields of interest and having tried different activities have also helped me better understand my strengths and direct myself towards my preferences.

Being open-minded also means that I allow my deep-rooted beliefs to be constantly challenged. This way, I adapt myself to different circumstances which question my thinking. Reflecting on my past experiences has helped me better elucidate and strengthen what I believe in. Over the years, I have grown to become a more introspective and reflective person. Though I am my main channel of self-feedback, I also look towards others to understand more about how I am perceived.

In all, I would say that I am sincere and committed to who I am and who I want to be. This sincerity is complemented by my open-mindedness and fuelled by my optimism.

**About Yourself**

I am a fun-loving girl with a wide variety of interests, from games to sports to art. Board games, card games, running, ball games, craft work and painting are my favourite activities. I see myself as an aspiring jack-of-all-trades, and am always looking forward to being able to learn something new. Right now, I am learning how to make games and do English calligraphy.

Being an optimistic person, I believe that we can do what we love, but it is more important to love what we do. In all things, being content and approaching challenges with a positive mindset is the way to go. A good friend once said something that still resonates strongly with me: “I love challenges.” Challenging myself in different ways (emotionally, physically, intellectually) is indeed exciting and worth the ride.

My life goal is to be able to contribute meaningfully to the people around me. I hope to be able to find something I like, and use my skills to bring a smile to the faces of other people!